

Middle School Delphic League Track & Field Records

	<u>Boys</u>	<u>Girls</u>
100	Giles- 11.0 Harvard-Westlake, 2000	Washington/Hunter/Cook-Gist- 12.1 Marl./Marl./HW, 99/04/(10,11)
200	Holmes- 23.33 Oaks Christian, 2013	Johnson- 25.2 Oaks Christian, 2011
400	Shabahang- 54.34 Harvard-Westlake, 2010	Davis- 58.1 Marlborough, 2005
800	Okano- 2:10.0 Harvard-Westlake, 2004	Sullivan- 2:24.97 Oaks Christian, 2013
1600	Okano- 4:47.2 Harvard-Westlake, 2004	Blackwell- 5:15.14 Chaminade, 2012
4X100	Sierra Canyon- 47.48 2011 (Papp/Trotter/Fisher/Brown)	Harvard-Westlake- 51.4 2011 (Cook-Gist/Copeland/Corrin/ Milligan)
4X400	Chaminade- 3:46.91 2011 (Juzang/Campbell/Cuenca/Albert)	Harvard-Westlake- 4:17.3 2011 (Milligan/Cook-Gist/Copeland/ Corrin)
Long Jump	Reigel- 19'5" Laurel Hall, 2005	Corrin- 19'2" Harvard-Westlake, 2012
High Jump	Washington- 5'11" Westchester Lutheran, 1999	Palka- 5'4" Oaks Christian, 2013
Shot Put	Gonzales- 51'2" Sierra Canyon, 2012	Haydel- 39'3" Harvard-Westlake, 2006